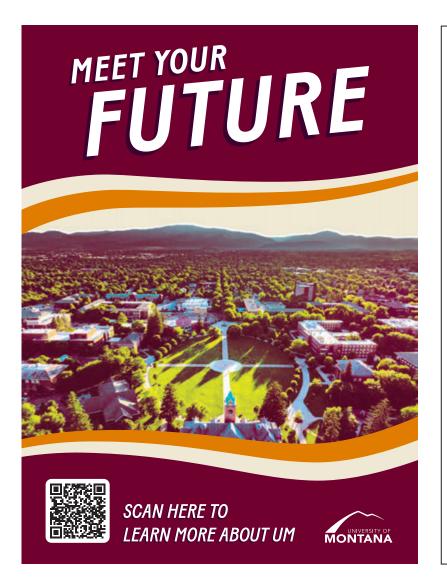


# WEEKEND OF EVENTS

BEER RUN | FIVE K | RUNNERS EXPO | KIDS MARATHON HALF MARATHON | MISSOULA MARATHON



THE LAST BEST RACE IN THE LAST BEST PLACE PRESENTED BY RUN WILD MISSOULA



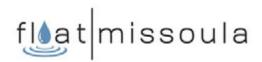


# Blessed are the Runners and their Fans!

# Come celebrate with us!

We will offer a blessing of the runners
June 29th at the 5:00pm Mass
420 West Pine Street





# Run Hard, Recover Harder.

Float Missoula — your wellness oasis.

**EXCLUSIVE MARATHON OFFER** (for non-members)

June 23 to July 7, 2024

# 10% off all floats and services!

Perfect for Pre-Event Refreshment & Post-Event Recovery

Float Therapy

**\\\\** Sauna Sessions

Massage Therapy

\*\*\* Cold Plunge

Apothecary

Located on the Hip Strip at 521 S Higgins Ave.

Book online at floatmsla.com or call (406) 493-0502



FOLLOW US ON SOCIAL MEDIA FOR THE LATEST UPDATES! INSTAGRAM, FACEBOOK & TIKTOK @MISSOULAMARATHON

# **FRIDAY, JUNE 28**

3:00-4:00pm Special Presentation from Running While Black

**Author Alison Mariella Desir** 

Caras Park, Downtown Missoula, 123 Carousel Dr

4:00-8:00pm Missoula Marathon Runners Expo

Dozens of Vendors; Kids Marathon Registration + Bib & Cape Pickup; Tony Banovich 5K Bib & Shirt Pickup; Missoula Marathon & Half Marathon Bib, Shirt & Gearbag Pickup, Caras Park, Downtown Missoula,

123 Carousel Dr

4:00-8:00pm Live DJ featuring Stylings of DJ IvanOFF

Caras Park, Downtown Missoula, 123 Carousel Dr

6:00pm Beer Run & Welcome Gathering

Caras Park, Downtown Missoula, 123 Carousel Dr

# **SATURDAY, JUNE 29**

7:00-7:30am Tony Banovich 5K Bib & Shirt Pickup

Caras Park, Downtown Missoula, 123 Carousel Dr
\*We Strongly Encourage You to Pick Up Your Packet

Friday Evening

8:00am-4:00pm Missoula Marathon Runners Expo

Dozens of Vendors; Missoula Marathon & Half Marathon Bib, Shirt & Gearbag Pickup, Caras Park, Downtown Missoula,

123 Carousel Dr

8:00am Tony Banovich 5K Start

The Wilma, Downtown Missoula, 131 S Higgins

(Finish at Caras Park)

8:30-9:30am Kids Marathon Registration + Bib & Cape Pickup

Boone & Crockett Club, 250 Station Dr

10:00am Kids Marathon Start

Boone & Crockett Club, 250 Station Dr

(Finish at Caras Park)

3:30pm Elite Competitors Technical Meeting

DoubleTree by Hilton Missoula-Edgewater

5:30-10:30pm Late Bib & Gear Bag Pickup

Missoula Airport, 5225 Hwy 10 W

# **SUNDAY, JUNE 30**

4:15-5:15am Bus Load for Transport to Start Lines

University of Montana [see map]

6:00am Missoula Marathon & Half Marathon Start

7:00am-2:00pm Post Race Celebrations

Caras Park, Downtown Missoula, 123 Carousel Dr

8:00am-2:00pm Shuttle to Car Park at Adams Center

Pattee Street & River Trail

1:30pm Missoula Marathon & Half Marathon

**Course Closure** 



# **WELCOME!**

Our race committee along side the Missoula community are beyond excited to welcome you to Big Sky Country for the Missoula Marathon Weekend of Events! Whether you are a first time participant, a 50-stater, one of our legacy runners or anywhere in between, thank you for choosing Missoula.

Our bustling city by the the Clark Fork river is a hub for unique eateries, breweries & spirits as well as attractions for the whole family. Missoula is also the vibrant core of Western Montana recreation.

This weekend is a culmination of efforts from dedicated race committee members, volunteers, sponsors, vendors, suppliers, retailers, hoteliers, government agencies and more. Our community support and commitment to a top-notch runner experience has allowed us to be regularly named on best-of, must-do and bucket lists. But, without participants like you, we wouldn't thrive, so as a thanks, take full advantage of our home-grown hospitality!

We hope you go home with memories of an exceptional race in a beautiful place. You've done all the hard work to get to the start line, now let us encourage and support you to the finish!

Enjoy Every Step!

Trisha Drobeck Race Director, Missoula Marathon Executive Director, Run Wild Missoula





# LEAD » DELIVER » INSPIRE

Welcome, Missoula Marathon Runners, Friends, and Family! Come by and explore all we have to offer!

Deli & Café • Cheese Corner • Meat & Seafood Produce • Bakery • Beer & Wine • Bulk Health & Beauty • Floral • Supplements Housewares • Gifts

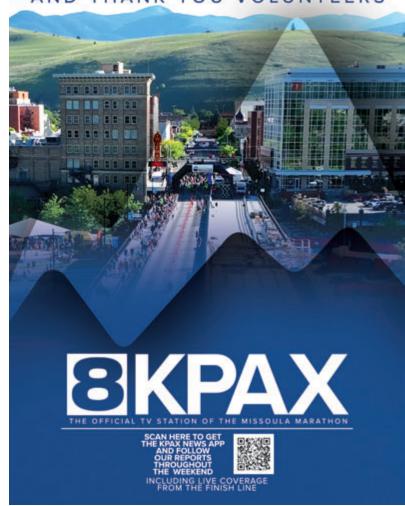
Good Luck to Everyone!



GOOD FOOD

goodfoodstore.com 1600 S. 3rd St. West 406.541.3663

# CONGRATULATIONS RUNNERS AND THANK YOU VOLUNTEERS



# COSTCARE

proud to serve as your

Missoula Marathon Medical Team

# **RUN FOR THE HEALTH OF IT!**

- Family Practice2700 Radio Way(406) 541-3046
- Urgent Care
  3031 Russell Street
  (406) 728-5841

Health care you can trust. And afford. Locally owned and operated since 2007.

www.costcare.com

# **RUNNERS EXPO**

FRIDAY, JUNE 28, 4:00-8:00PM | SATURDAY, JUNE 29, 8:00AM-4:00PM | CARAS PARK

# **RUNNERS EXPO VENDORS**

Alpine Physical Therapy

Bamboo Bar

BetterRoots Family

Chiropractic

Big Brothers Big Sisters

NW Montana

Big Sky Brewing

Blue Peak Creative

Boeson Research

Competitive Timing

Costcare

Culligan Water

Destination Missoula

**Ener-GHEE** 

**ERA Lambros Real Estate** 

**FKT Gear** 

**FLIPBELT** 

HiDow

HiDow/Tru-Wave

Last Best Supply Co

Missoula Marathon Official Merch

Montana Air National Guard

Montana Tees

Natural Grocers

**Nautical Bowls** 

New York Life

Paradis Sport

Phoenix Active

Polar Central

RENU Wellness Spa

Robert's Run

Runners Edge

Run Wild Missoula

**TDS Fiber** 

University of Montana

Youer

Young Mazda

Youth Homes Run4Kids

Zooberry



**SATURDAY LOTS & STREET PARKING IS FREE** 



The Missoula Marathon Weekend of Events is thrilled to have

# Alison Mariella Désir

join us for our race in 2024!

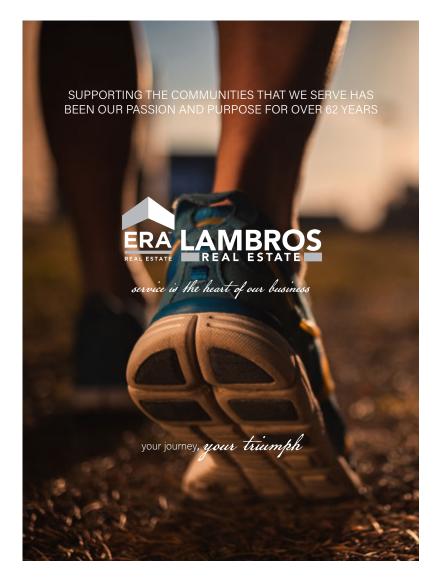
Alison will be at the Runner's Expo Friday and Saturday to meet, inspire, sign, books, and sell merchandise. She will also be participating in some of the weekends races so participants will get a chance to run with her!

Alison is multi-talented: a founder, a doer, an activist, a connector, a visionary and an unapologetically straightforward communicator with a passion for movement, mental health, and racial equity. Alison got her start in the running and outdoor industry unintentionally, after seeing a Black friend train and com-

plete a marathon. Inspired, Alison went on to run her first marathon and discovered that she had found a powerful tool to manage her depression. She's been working to share the transformational power of running and movement ever since.

Alison is the author of Running While Black and the tv host and producer of the award winning show, Out & Back w/ Alison Mariella Désir (now streaming).











MARATHON

# From neck to toe

we are here for you, with specialists on stand-by to help with your orthopedic injury or condition.

Evening, Weekday, and Saturday hours Walk-In's Welcome

missoulaboneandjoint.com 2360 Mullan Road, Missoula, MT 59808





# MISSOULA MARATHON BEER RUN LAST BEST BEER

FRIDAY, JUNE 29 | START TIME: 6:00PM | CARAS PARK

# **NO REGISTRATION REQUIRED!**

Come shake your legs out Friday night with a relaxed 3-mile route hosted by Run Wild Missoula!

This legendary 3.1 mile social run around Missoula is free and will start and end at Caras Park Pavilion, in beautiful downtown Missoula, and will conclude with a party in Caras Park with live music from DJ IvanOFF and a free beer for all finishers over 21, compliments of Big Sky Brewing Company. Non alcoholic options courtesy of Sierra Nevada too!

Extra beer and wine will also be available for purchase. Please feel free to converse with any of our specially clad Beer Run Guides along the course regarding questions about Missoula or the Missoula Marathon weekend.

Don't be afraid to join us. **This is NOT a beer mile** — you don't have to "chug" a beer midway through, nor is it a race. It's a nice, social run and walk where you can have a beer at the end, or not. So, please come, join the party and meet some of your fellow runners and walkers in a more casual setting!

# DETAILED RACE INFORMATION

### RACE PACKET PICKUP

You MUST pick up your race packet at the Runners Expo (Caras Park, Downtown Missoula) on Friday, June 28th from 4:00-8:00pm or Saturday, June 29th from 8:00am-4:00pm There will be NO packet pick up on race day. You may have a friend pick up your packet for you. For late arrivals into Missoula, we have made arrangements for a late packet pick up at the Missoula Airport from 5:30-10:30pm on Saturday evening.

### PRE-RACE PASTA DINNER

We do not have an official Missoula Marathon pasta dinner. With all the great restaurants in Missoula, we want to give you a chance to experience our city. At the Runners Expo, visit Destination Missoula or Missoula Downtown Partnership for restaurant ideas.

### MISSOULA MARATHON AND HALF MARATHON

Start at 6am There are NO early start times.

### **TEMPERATURE**

Mild to warm & low humidity. Expect to start off in the low 50s and end in the 70s if you finish around noon.

### **COURSE AND COURSE SAFETY**

(Full list of course rules in the Frequently Asked Questions [FAQ] page under the 'RACE INFO' MissoulaMarathon.org)

The course is coned and marked very well, but it is open to traffic. There will be volunteers or police officers at most intersections. Please remain on the right side of the road unless otherwise directed. The last IOK of the races are split, marathon left side of the road and half marathon right side of the road.

Music devices and earbuds/earphones are STRONGLY discouraged. Baby joggers are allowed, but we ask that you start toward the back. Dogs are not allowed (with the exception of required service animals).

The marathon and half marathon courses merge at the 15.8 mile point of the marathon (mile 2.7 of the half marathon). Marathon participants are likely to encounter half marathon participants after the merge point.

Half marathon participants with finish times over 1:40, should be aware marathon participants (runners and wheelers) will overtake them after the merge point. These participants may be traveling at a much faster speed than you. Please obey any commands from course monitors and/or escort bicycles/vehicles.

We ask that faster participants yield right of way and go around when overtaking slower participants. All participants, please use extra caution.

Over the last 5.5 miles±, the races will be split by cones. Half marathoners stay on the RIGHT. Marathoners stay on the LEFT. DO NOT cut across cones.

If you experience medical issues while on the course, please look for a volunteer, bike monitor, or police officer. There is a fully staffed medical tent at the finish. If you have to drop out of the race, please let a volunteer at an aid station or law enforcement officer know and they will arrange for you to be transported.

# **HAND CYCLES & WHEELERS**

For your safety helmets, lights, flags STRONGLY encouraged Please see all Hand Cycle and Wheeler Rules in the Frequently Asked Questions [FAQ] page under the 'RACE INFO' tab on our website missoulamarathon.org

# **COURSE TIME LIMIT**

Both the half and marathon courses officially close at 1:30 pm, a 7.5 hour limit. Aid stations will close and streets will reopen based on the 7.5 hour limit. If you are on course past 1:30pm you will kindly be asked to move to the sidewalk should you wish to continue. There are two strictly enforced cutoffs for the marathon. If you are beyond the required time at these check points, you will be shuttled to the finish or have to turn in your bib.

CUTOFF #1 - Mile 11.63 (Aid station #5) 3 hours 20 min - 9:20 am

CUTOFF #2 - Mile 15.8 (Aid Station #7) 4 hours 32 min - 10:32 am

### **TOILETS**

There are port-a-potties at each start, the finish, mile 1.6 of the marathon and at every aid station on the course

### AID STATIONS

There are 14 aid stations for the marathon and 8 aid stations for the half marathon. They are approximately every 2-3 miles then every mile during the last 10K. Each aid station will have Powerade (lemon-lime) at the 1st table and water at the 2nd table. GU Energy Gels will be handed out at 4 aid stations. Please check the course map to see which aid stations will have gel. There will be two flavors of GU: Salted Carmel (CAFFEINE) and Strawberry Lemonade (NO CAFFEINE).

# SECURITY CONCERNS

- Pre-Race shuttles are for participants wearing
- Please check your gear bags promptly upon your arrival at the starting line.
- Participants will be ushered through the finish chute to the gear bag pickup zone. They will then leave the finish area and walk to the food and post-race area in Caras Park. Participants can wait for other finishers at the post-race events area in Caras Park. There will be no re-entry into the participant area once finishers exit to Caras Park.

# **GEAR BAGS**

You will be given your gear bag at packet pickup. Please make sure your gear bag has your correct race number written on it. Both start lines will have a drop off area and your bag will be transported to the finish area courtesy of UPS. Please do not leave any valuables in your gear bag. We will only accept the gear bags provided, there will be NO other bags accepted. When you pick up your gear bag at the finish, you will be required to show your bib number.

# **BUS SHUTTLE**

There is NO parking at either the marathon or half marathon start. The bus pick up for both races will be at the University of Montana. Please see the bus loading map for more info.

# AGE DIVISIONS

(Marathon) 0-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90+

(Half) 0-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90+

(5K) 9 and under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80-84, 85-89, 90+

### PACE GROUPS

We strive to have pacers for the following times:

3:00 (6:52 mi pace), 3:10 (7:14 mi pace), 3:20 (7:37 mi pace), 3:30 (8:00 mi pace), 3:40 (8:23 mi pace), 3:50 (8:46 mi pace), 4:00 (9:09 mi pace), 4:10 (9:32 mi pace), 4:20 (9:55 mi pace), 4:30 (10:17 mi pace), 4:40 (10:40 mi pace), 4:50 (11:03 mi pace), 5:00 (11:26 mi

### Half Marathon

1:30 (6:52 pace), 1:40 (7:37 pace), 1:50 (8:23 pace), 2:00 (9:09 pace), 2:10 (9:55 pace), 2:20 (10:40 pace), 2:30 (11:25 pace).

The pacers will wear blue pacers shirts and carry balloons with the pace time written on them. Please remember our pacers are volunteers with their own potential injuries, and they aren't professional pacers.

### TIMING/RESULTS

The Marathon, Half, and 5K will be chip timed by Competitive Timing with results posted as quickly as possible on race day. There will be 7 split mats for the marathon and 3 split mats for the half.

Age group awards will be mailed out in the weeks following the race after results are official.

### **RACE PHOTOS**

All marathon, half marathon & 5K participants will receive FREE on-course race day photos from

### MISSOULA MARATHON, HALF MARATHON, **TONY BANOVICH 5K FINISHERS**

All finishers of the Missoula Marathon, Half Marathon and Tony Banovich 5K receive a short-sleeve shirt, medal, gear bag, post race food, live runner tracking, free race photos and more! (No gear bag or post-race food in 5K).

# **BIG 3 CHALLENGE**

If you participated in the Beer Run, 5K, and Marathon or Half Marathon you will receive a special Missoula Marathon Big 3 Challenge reward. After you cross the finish line on Sunday, look for Big Three Challenge signs for your reward!!

# **RUNNER TRACKING**

Live participant tracking & results for the the Tony Banovich 5K, Missoula Marathon and Half Marathon are available via Competitive Timing App. Available on the App Store and Google Play.

In the app: Search for and click on the event you'll be following or participating in. Spectators can track any number of participants and view live progress on a map.

# **BE SOCIAL!**

Tag us on social media during race weekend at #MissoulaMarathon, #LastBestRace and





# **WALKING ROUTE, BUS LOADING & PARKING MAP**



# ALL PARTICIPANTS MUST TAKE BUSES TO EITHER START LINE. THERE IS NO PARKING OR DROP OFF AVAILABLE AT EITHER THE HALF OR MARATHON START - STRICTLY ENFORCED.

- » Buses run from 4:15am-5:15am; please allow yourself plenty of time for parking or walking to bus load. We **STRONGLY** suggest you load one of the earlier buses.
- » Bus load is near the Adams Center/River Bowl area at the University of Montana. (Less than a mile walk from finish area and downtown hotels.)

# **PARKING OPTIONS**

- 1. You can park at the University in lot shown on map. After the race, you can walk the approx mile along the Milwaukee Trail or Ron's River Trail back to your parked car OR take the shuttle back to parking.
- 2. You can park downtown on the streets or in one of the parking garages (*Parking is FREE, see map*). After parking, you can walk to the bus load on campus. (*The river trail walking paths are marked with glow sticks*).

# **RUNNER DROP-OFF AT BUS LOAD**

Participants can be dropped off adjacent to the parking lot at the University. Another excellent drop off zone is located at East front & Van Buren St. *(See map)* New bus load and walking map.

# **RETURN SHUTTLE**

A shuttle will run from 8:00am-2:00pm from Pattee Street & River Trail (next to the Holiday Inn) to parking at the Adams Center.







- Continue for 2.6 miles on Blue Mountain Road
- Right on River Pines
- Course Merges & Follows Marathon Course



# **START** Alpine Physical Therapy / PEAK Health & Wellness (5000 Blue Mountain Rd)

Right on Gerald Left on Fourth Right onto Higgins

(Changes into Hastings) Right on Ronald

Left on Sussex

Left on Helen

Left on Beverly

Right on Hilda

Left on Eddy

Over the Beartracks Bridge

FINISH: On Higgins Ave at Front Street

# SE MAP MARATHON & HALF MARATHON

Sunday, June 30th, 2024 | Start Time 6:00am



# ELITE RUNNERS

An updated list of elite athletes can be found in the RACE INFO -Awards/Elites section of MissoulaMarathon.org

# 2024 MISSOULA MARATHON

### WOMEN

Kate Landau-Olmstead (PR 2:31:56) (Masters) Hometown: Tacoma, WA 2023 Missoula Marathon Winner, #3 all time, Master's record holder, 1996 and 2020 Oly Trials Qualifier

Erin Forde (PR 2:40:57) Hometown: Missoula, MT 2021 Jack & Jill Downhill Marathon Champion

Mariah Bredal (PR 2:49:56) Hometown: Bozeman, MT 2nd Overall 2023 Missoula Marathon

Madison Liechty (PR 2:45:04) Hometown: Bozeman, MT Second 2022 Missoula Half Marathon, 2022 Montana Cup Champion

Sarah Hallas (PR 2:49:18) (Masters) Hometown: Cotati, CA Three Time Top Three Missoula Marathon Finisher

Kelsie Zitzer (PR 2:47:43) Hometown: Dillon, MT 6th 2023 Missoula Half Marathon

Sadie Smith (PR 2:50:15) (Masters) Hometown: Kirkwood, MO Over 30 sub 3 marathons in last three years with over 20 wins, all after turning 40

Katie Huibregtse (PR 2:58:44) Hometown: Yakima, WA 8th 2023 Missoula Marathon

Amanda Erickson PR 2:59:27) Hometown: Kingston Springs, TN

Lori Quick (PR 2:59:52) (Masters) Hometown: Indianapolis, IN

Ava Weems (Debut)
Hometown: Bozeman, MT
Debut Marathon, Competed Mississippi State University
and MSU

# MEN

Mark Messmer (PR 2:17:27) Hometown: Castle Rock, CO 2019-2023 Champion, Second - Fourth All-Time Missoula Marathon, 2020 & 2024 Olympic Trials Qualifier

Adam Cordell (PR 2:22:00) Hometown: Cheyenne, WY

**Dylan Villescas** (PR 2:28:18) Hometown: Charlestown, MA 2016 Top Ten American Boston Marathon

Cooper West (Debut) Hometown: Great Falls, MT Ran for MSU Bobcats

Mitch Morris (Debut) Hometown: Missoula, MT Elk Ramble and RUFA Champion, 2014 Maine XC State Champion, 2015 Maine State Two Mile Champion

# 2024 HALF MARATHON

### WOMEN

Makena Morley (PR 1:09:48) Hometown: Bigfork, MT 2016, 2017, 2018 Champion and Course Record Holder, Half Marathon Montana Soil Record

Hannah Branch (PR 1:11:36) Hometown: Orem, UT 4x NCAA West Regional qualifier, 2023 USATF championships 10,000m (15th place)

Elizabeth Wasserman (PR 1:16:39) Hometown: Columbia Falls, MT 2022 Missoula Half Marathon Champion, 2nd 2023 Missoula Half, 2020 Olympic Marathon Trials Participant

Andrea Masterson (PR 1:16:42) Hometown: Seattle, WA Seventh 2023 Missoula Half Marathon, 2020 Olympic

Leanne Klassen (PR 1:15:32) Hometown: Calgary, AB 3rd 2019 Missoula Half Marathon, 2nd 2024 Eugene Marathon

Alyssa Barrette (PR 1:17:10, 2:38:02 Marathon) Hometown: Portland. OR

Kayla Moore (PR 1:19:37) Hometown: Portland, OR Eighth 2023 Missoula Half Marathon

Marathon Trials Participant

Katrina Ivancic (PR 1:19:41) Hometown: Bozeman, MT Fourth 2023 Missoula Half Marathon, 1st 2023 Run to the Pub Half Marathon

Melissa Pitts (PR Full 2:58:16) Hometown: Jeffersonville, IN

### MEN

Zach Perrin (PR 1:04:42) Hometown: Bozeman, MT 3rd 2023 Missoula Half Marathon and 6th and 7th All-Time, Montana soil record half marathon

Robert DeSisto Jr (PR 1:06:57) Hometown: Mableton, GA 2023 Steamtown Marathon Winner

Jake Perrin (PR 1:07:05)
Hometown: Bozeman, MT
3rd 2023 Bozeman Half Marathon, Former high school
Montana state record holder 3200m

Andrew Kimpel (PR 1:07:13) Hometown: Spokane, WA Ran for WSU (Washington), 2023 Lewis & Clark Half Marathon Winner. Nike Cross National Team Title

Collin Buck (PR 1:06:37) Hometown: Great Falls, MT 4th 2018 Missoula Half Marathon, 2024 Olympic Trials Qualifier

Cody Moore (PR 1:09:58) Hometown: Kalispell, MT 9th 2023 Missoula Half Marathon, 4th 2023 Bozeman Half Marathon

Micah Drew (PR 1:10:32) Hometown: Whitefish, MT 7th 2023 Missoula Half Marathon, Winner 2021-2024 Whitefish Half Marathon

Tyler Shea (PR 1:10:18) Hometown: Nampa, ID Ran for Northwest Nazarene University

Michael LaForest (PR 1:12:19) Master Hometown: Missoula, MT 2019 Bozeman Half Marathon Winner

Jackson Duffey (PR Debut) Hometown: Billings MT Interim Head Coach Rocky Mountain College Women's Cross Country, Former RMC runner

# NON-BINARY

Will Newman (PR 2:43:00) Hometown: Philadelphia, PA 2nd Place Philadelphia Marathon



# MISSOULA MARATHON & HALF MARATHON

# **Ö COURSE RECORDS**

# **MARATHON**

# Men's Open

Matthew Adams - 2:20:27\*- 2014 Mark Messmer - 2:21:36 - 2022 Mark Messmer - 2:22:26 - 2023 Mark Messmer - 2:24:00 - 2019 Luis Orta - 2:24:58 - 2014 \*Montana Soil Record

# Women's Open

Bonnie Keating 2:46:36 - 2022 Trisha Drobeck - 2:46:54 - 2015 Kate Olmstead - 2:47:17 - 2023 Trisha Drobeck - 2:48:35 - 2016 Trisha Drobeck - 2:49:32 - 2012

# **Men's Masters**

Geofrey Terer - 2:31:11 - 2017 Jason Delaney - 2:32:55 - 2022 Michael Wardian - 2:34:22 - 2016 Jesse Zentz - 2:34:32 - 2016 Jesse Zentz - 2:37:22 - 2018

# Women's Masters

Kate Olmstead - 2:47:17 - 2023 Heather Lieberg - 2:51:33 - 2022 Dawn McElvain - 2:51:59 - 2023 Heather Lieberg - 2:57:38 - 2023 Mo Bookwalter - 3:08:05 - 2019

# **HALF MARATHON**

# Men's Open

Kenneth Kosgei - 1:05:30 - 2019 Steve Ng'etich - 1:05:50 - 2023 Mick Iacofano - 1:06:00 - 2019 Nicholas Hilton - 1:06:04 - 2016 Brian Masterson - 1:06:08 - 2023

# Women's Open

Makena Morley - 1:14:29 - 2019 Makena Morley - 1:15:52 - 2018 Heather Lieberg - 1:15:55 - 2015 Heather Lieberg - 1:15:56 - 2014 Allison Morgan - 1:16:05 - 2015

# Men's Masters

Sam Krieg - 1:10:56 - 2018 Mike Bresson - 1:11:20 - 2012 Michael Wardian - 1:11:34 - 2017 Sam Krieg - 1:11:35 - 2017 Phillip Keller - 1:14:24 - 2023

# Women's Masters

Rachel Jaten - 1:19:39 - 2016 Sue Huse - 1:24:43 - 2023 Christine Julien - 1:24:57 - 2011 Danielle Shahan - 1:26:40 - 2014 Jenny Newton - 1:26:49 - 2015



# SPECTATOR HIGHLIGHTS

# PLACES TO WATCH ON THE COURSE

# **MARATHON - Mile 9.6**

Mullan Rd & Kona Ranch Rd From downtown, take Broadway West to Mullan Road. First course turn and Aid Station #3.

# MARATHON - Mile 16.7 // HALF - Mile 4

Clements Rd & North Ave W

Take Reserve South to South Ave and right on Clements. Look for the big cow (no joke!)

# MARATHON - Mile 23.4 // HALF - Mile 10.3

Rose Park Playground - Franklin St & Blaine St Take South Ave to Brooks St northbound. Park near Brooks and Mount and walk to park.

# MARATHON - Mile 26.2 // HALF - Mile 13.1

Finish Line on Beartracks Bridge! Both east and west Pedestrian walkways are open. Reunite with your participant in Caras Park.



# **FOLLOW ALONG**



Scan here for the Competitive Timing App



SCAN HERE FOR WEEK LONG COVERAGE AND FINISH LINE LIVE STREAM.







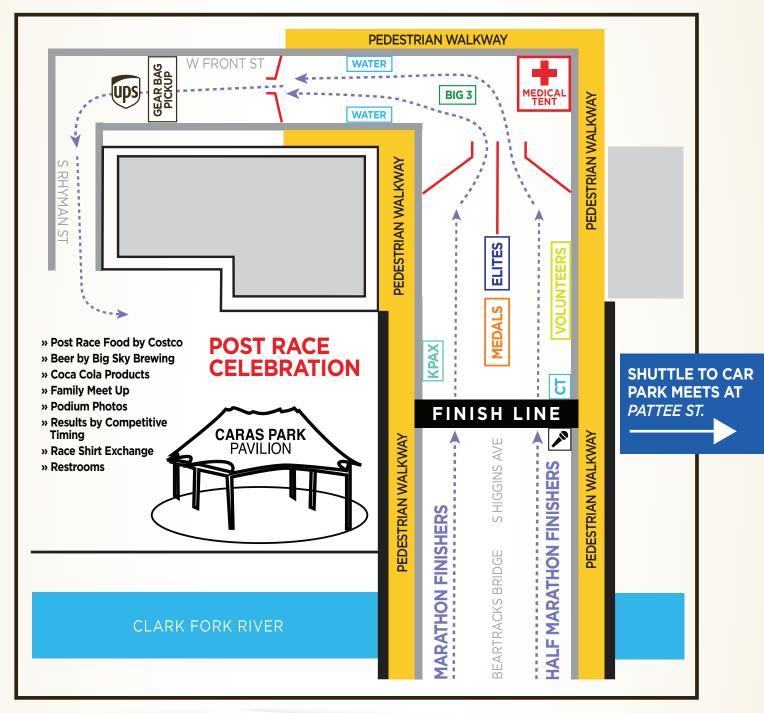


Proud Sponsor of the 2024 Missoula Marathon

# MISSOULA MARATHON & HALF MARATHON

# **FINISH AREA MAP**

SUNDAY, JUNE 30 | COURSE IS OPEN 6:00AM-1:30PM









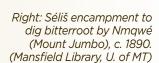
# Sxwúytis Smxe Nxlews | Grizzly Bear Tracks's Bridge

**Beartracks Bridge - Historical Background** 

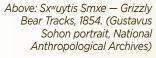
Courtesy of Sélis-Qlispé Culture Committee Confederated Salish & Kootenai Tribes



Above: Higgins Bridge, c. 1874-76.(Mansfield Library, Univ. of Montana)







Beartracks is a name steeped in the history and culture of the Séliš (pronounced SEH-leesh, Salish or "Flathead") people. It is also of direct relevance to the site of the bridge itself, an area that sits at the heart of the overlapping territories of the Séliš and Qlispé (pronounced Kah-lee-SPEH, upper Kalispel or "Pend d'Oreille").

More than 130 years ago in 1891, the U.S. Government began the forced removal of the Selis under the leadership of Chief Charlo from the Bitterroot Valley to the Flathead Reservation. During this forced march some of the Bitterroot Selis, directed by sub-Chief Louis Vanderburg, crossed the river where the Beartracks Bridge stands today. The importance of Missoula and the surrounding valleys to the Selis and Qlispe has not faded in that time.

"Beartracks" is a shortened translation of the Salish name Sxwúytis Smxe, which means Grizzly Bear's Tracks. From the mid-nineteenth century on, English speakers have often referred to the Vanderburgs, members of the prominent and respected Séliš family, by the simplified name "Beartrack" or "Beartracks."

The formerly Higgins Ave bridge was officially renamed on April 22, 2021, when the Montana Transportation Commission voted unanimously to approve the proposal submitted by the Missoula County Commissioners with the support of the Missoula City Council. The Confederated Salish & Kootenai Tribes recommended the name "Beartracks Bridge."

Whether we use the name Beartracks Bridge, Sxwúytis Smxe Nxlews, or Grizzly Bear Tracks's Bridge, it honors the Beartracks / Vanderburg family, the many other descendants of Sxwúytis Smxe, and the Séliš people as a whole — and remind us of the ancient and continuing Séliš-Qlispé connection to this place.

# TONY BANOVICH 5K COURSE MAP

Saturday, June 29 | Start time: 8:00am



# **ABOUT THE TONY BANOVICH 5K**

On October 14, 2020, our Montana running family lost a treasured friend and invaluable supporter. Tony Banovich, Race Director for the Missoula Marathon and Executive Director of Run Wild Missoula, was kind, generous, and encouraging of all, welcoming countless new runners over the years. He was deeply dedicated to both Missoula and Montana running communities.

It is in his honor and aligned with his spirit, we bring this 5K to the streets of Missoula.

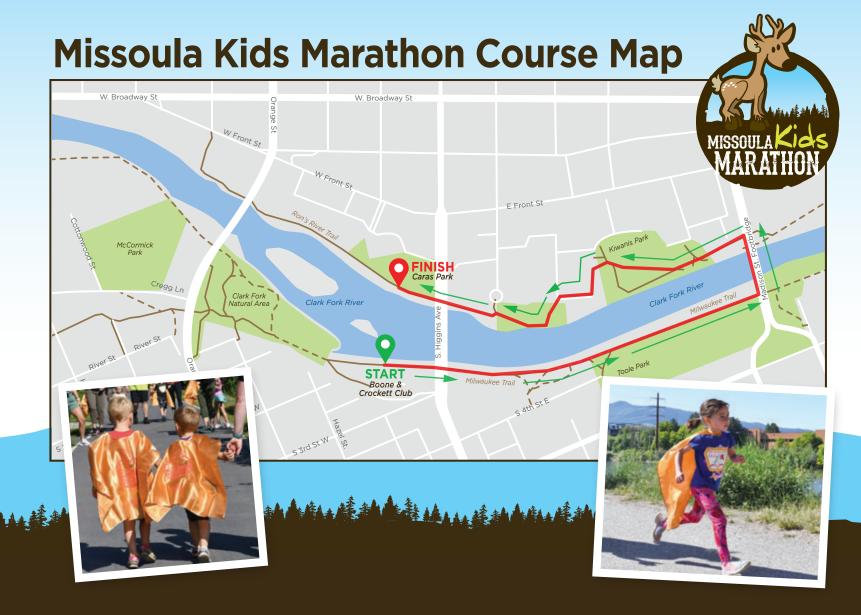
# **Tony Banovich High School Cross Country Scholarship**

Through the Tony Banovich Memorial Fund, Run Wild Missoula donates \$10,000 annually for high school XC scholarships for gear and races. Thank you to all our 5K participants contributing to this program.









# MISSOULA KIDS MARATHON

Saturday, June 29 | Start Time: 10:00am RUN. HAVE FUN. BE SUPER.

A spectator and crowd favorite, the Missoula Kids Marathon is a non-competitive and non-timed 1.2 mile run. It's all about having fun and staying active all the way to the finish line! Every child is a winner and will be rewarded with an official race number, cape, goodie bag, and colorful medal-just for finishing!

Not Registered? No problem! We'll have registration Friday evening at the Runner's Expo and Saturday morning near the start line.

















PRINT | VEHICLE GRAPHICS | SIGNS
BULK MAILINGS | DESIGN | PROMOTIONAL ITEMS

Call Today For a Free Quote 406.728.4810 1947 South Avenue West, Missoula, MT 59801

WWW.ALPHAGRAPHICSMISSOULA.COM

BOXES • PROPANE • HITCHES TRUCK & TRAILER RENTALS

LI-HAUL MOVING & STORAGE
820 STRAND AVE • 406-721-7654



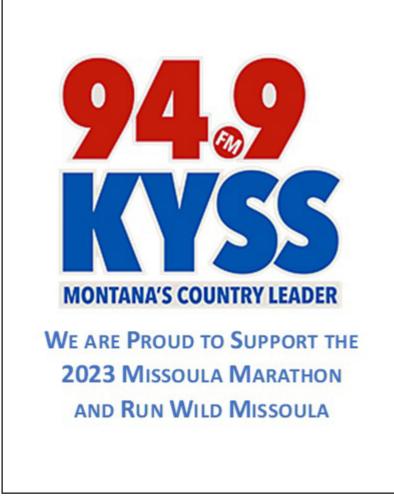














# **Celebrate the Missoula Marathon** with the Runners Edge!

Show us your race bib or coupon from your race packet anytime on Monday, July 1st, and receive

# \$10 to spend however you like!\*

\*limit 1 coupon per person

Check out our sidewalk sale on apparel and enjoy some free ice cream!



DOWNTOWN 304 NORTH HIGGINS AVE | 728.9297 Hours: M-Th 10a-7p, Fri 10a-6pm, Sat 10a-5p, Sun 11a-4p